

< Course: **The Roadtrip Nation Experience**

- 01 **Introduction**
What you're interested in matters
- 02 **Let Go**
Shed the noise and listen to yourself
- 03 **Define**
Connect your interests to careers
- 04 **Interview Project**
Talk to a professional for advice
- 05 **Become**
Overcome roadblocks and take action

01 INTRODUCTION

What you're interested in matters

[Lesson Video](#) Additional Videos

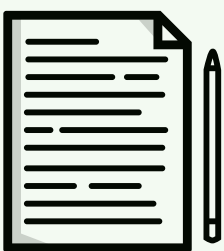


No matter who you are or where you're from, there will be a time in your life when you're unsure about the path ahead. Maybe that time for you is now—or maybe you're confident about the direction you're headed. Either way, it's important to stop and ask yourself: What's the bigger picture, and what am I working toward?

Lesson Tasks

LESSON QUESTIONS

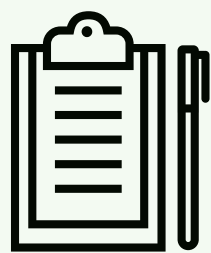
The questions below will help you reflect on the lesson video. We recommend that you write your answers digitally or on paper, but if you'd rather express yourself another way, do what feels right!



- 1 **Describe where you are in life right now. What makes you most excited about where you are now? What questions do you have, and what are you worried about?**
- 2 **When you're exploring your future, you might sometimes feel lost or unsure. But at Roadtrip Nation, we like to reframe the feeling of being lost as an opportunity to explore and grow. Think about a time in your life when you felt lost. Describe the situation, how you felt, and what helped you move forward and find yourself again.**
- 3 **What gets you up in the morning or motivates you? Do you feel like you know your purpose, or are you struggling to identify what really lights you up at your core?**

PROJECT ASSIGNMENT

The assignment below is all about helping you get ready to have a conversation with someone working in a career you're interested in so you can hear what it takes to get where you want to be.



- ✓ **Before going to the next lesson, you will need to take the 3-5 minute [impact assessment](#).**

Lesson Extras

TAKE IT FURTHER

Want more? We've curated activities, reading, and videos to help you keep thinking about the themes of this lesson.



"Roadmap" Book: Companion Chapters to Lesson 1

Introduction & Chapter 1: The Invisible Assembly Line. Complete the Assembly Line activity at the end of the chapter to map where your current decisions could take you.



Google's "Take Notes in a Table" Lesson

Learn how to set up a template for table-based note-taking so you can organize your thoughts, notes, and inspiration from this course.



LEADERS FEATURED IN THIS LESSON

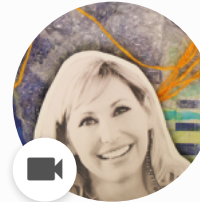
Want to explore the stories of the people featured in the lesson video? Check out how they got to where they are, the challenges they've faced, and what advice they have.



Hasan McWhorter
Teacher
The Met Sacramento High School



Danielle Feinberg
Director of Photography
Pixar Animation Studios



Kari Byron
TV Host
White Rabbit Project

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